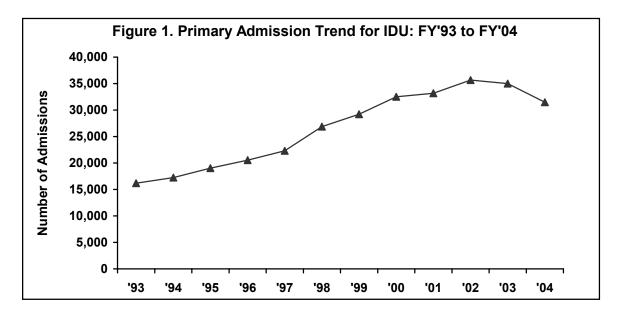
# SUBSTANCE ABUSE FACT SHEET: ADULT IDU ADMISSIONS Massachusetts Department of Public Health, Bureau of Substance Abuse Services

This fact sheet provides information on all admissions to substance abuse treatment services. Data were reported to the Massachusetts Department of Public Health, Bureau of Substance Abuse Services Management Information System in FY 2004. 1

## **Overall Treatment Admissions by IDU Adults**

In FY 2004, there were 31,573 admissions to substance abuse treatment services in Massachusetts who reported past year intravenous drug use (IDU); of these, 84 admissions were under 18 years of age.<sup>2</sup> The remainder of this fact sheet presents data on the 31,489 adults 18 and older. For information on substance abuse treatment services provided to clients under 18, please refer to the Adolescent Fact Sheet. Figure 1 illustrates the admission trend for adults reporting past year IDU to residential and outpatient services for Fiscal Years 1993 through 2004. While, the number of IDU admissions declined from FY 2003 to FY 2004, the proportion of all adult admissions reporting IDU did not change significantly.



#### **Characteristics of Admissions for IDU Adults**

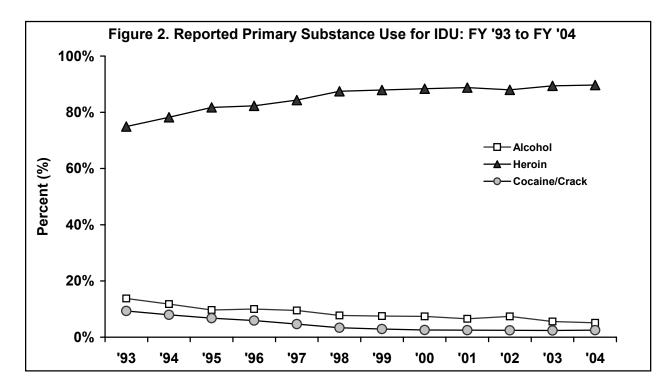
In FY 2004, adult IDU admissions to substance abuse treatment services reported the following characteristics:

- 69.1% (21,745) were male and 30.9% (9,744) were female.
- 72.0% (22,686) were White, 5.4% (1,711) were Black, 19.2% (6,051) were Latino, and 3.3% (1,041) were other racial categories.
- 91.1% (28,697) were unemployed.
- 27.4% (8,638) were homeless.<sup>3</sup>
- 27.7% (8,724) reported prior mental health treatment.
- 32.6% (10,258) of the admissions were between the ages of 30-39, with a mean age of 33.5 years.
- 21.6% (6,787) were parents of children under six years of age, 21.4% (1,453) of these admissions reported living with their children. Thirty-eight percent (10,658) were the parents of children 6-18 years of age, 16.8% (1,789) of these admissions reported living with their children.

# **Primary Substance of Use**

In FY 2004, IDU admissions reported heroin most often as the primary drug for which they were seeking treatment. Of all IDU admissions:

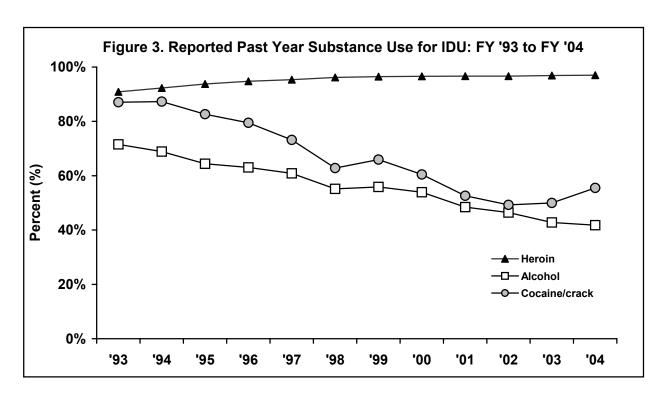
- 89.7% (28,229) reported heroin as primary substance of use.
- 5.1% (1,606) reported alcohol as primary substance of use.
- 2.5% (780) reported cocaine or crack as primary substance of use.
- 0.4% (121) reported marijuana as primary substance of use.
- 2.4% (753) reported *other* drugs as primary substance of use.



## **Substance Used in Past Year**

At admission, heroin remained the most reported substance used in the past year among IDU. The percents of past year use add up to more than 100% due to poly-drug use. Of all admissions:

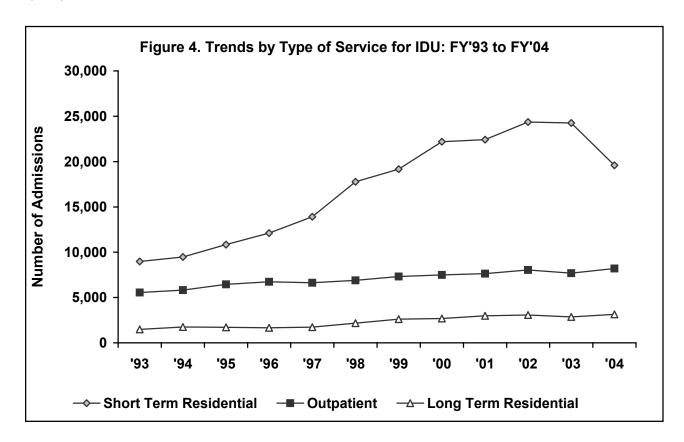
- 97.0% (30,547) reported past year heroin use.
- 55.5% (17,477) reported past year cocaine or crack use
- 41.8% (13,158) reported past year alcohol use.
- 22.7% (7,145) reported past year marijuana use.
- 55.0% (17,328) reported past year use of *other* drugs; this includes 21.2% tranquilizers and 20.3% other opiates/synthetics.



## **Admissions by Services Type**

In FY 2004, primary IDU admissions received services in the following service modalities:

- 62.2% (19,591) were admitted to Short Term Residential (less than 30 days) Services including Acute Treatment Services (17,429), Transitional Support Services (2,036), and Post-Detox/Pre-Recovery (126).
- 26.0% (8,194) received Outpatient Services including Day Treatment (633), 1<sup>st</sup> Offender Drunk Driver (53), Outpatient Counseling (2,566), Case Management (64), Compulsive Gambling (\*), 2<sup>nd</sup> Offender Aftercare (19), Criminal Justice Collaborative-Adult (\*), Expanded Treatment Services (120), Acupuncture Detox (134), County Corrections (344) and Narcotic Treatment (4,259).
  - 13.5% (4,259) of all admissions received Narcotic Treatment Services.
- 10.0% (3,139) were admitted to Long Term Residential (greater than 30 days) Services including Recovery Homes (1,981), Therapeutic Communities (408), 2<sup>nd</sup> Offender Residential (18), Social Models (168), Specialized Residential for Women (207), Family Shelters (34), and Tewksbury Stabilization (323).
- 1.8% (565) of admissions received Youth or Other Services including Supportive Housing (198).



<sup>&</sup>lt;sup>1</sup> SAMIS data include information reported by all BSAS licensed substance abuse treatment programs for FY 1993 to FY 2004. These data include admissions to BSAS licensed programs that may be reimbursed by Medicaid or other public payers.

<sup>&</sup>lt;sup>2</sup> For more data on Substance Abuse see MassCHIP: http://MassCHIP.state.ma.us

<sup>&</sup>lt;sup>3</sup> These data include the homeless status reported by all primary admissions.

To protect client confidentiality, calculations based on fewer than 5 events are excluded.

## Short Term Residential (<30 Days) Treatment Services Admissions by IDU Adults

In FY 2004, there were 19,591 primary IDU admissions to all Short Term Residential (less than 30 days) Treatment Services in Massachusetts. This includes admissions to Acute Treatment Services, Transitional Support Services, and Post-Detox/Pre-Recovery.

## **Characteristics of Admissions**

IDU admissions to all Short Term Residential Treatment Services reported the following characteristics:

- 72.6% (14,219) were male and 27.4% (5,372) were female.
- 70.0% (13,716) were White, 5.6% (1,091) were Black, and 21.3% (4,177) were Latino.
- 93.6% (18,336) were unemployed.
- 32.1% (6,287) were homeless.
- 15.9% (3,117) reported prior mental health treatment.
- 32.5% (6,368) of the admissions were between the ages of 30-39, with a mean age of 33.4 years.
- 20.8% (4,072) were parents of children under six years of age, 15.6% (637) of these admissions reported living with their children. Thirty-three percent (6,361) were the parents of children 6-18 years age, 11.7% (747) of these admissions reported living with their children.

#### **Primary Substance of Use**

IDU admissions to all Short Term Residential Services reported heroin most often as the primary drug for which they were seeking treatment. Of all admissions:

- 91.5% (17,930) reported heroin as primary substance of use.
- 5.3% (1,039) reported alcohol as primary substance of use.
- 0.5% (101) reported cocaine or crack as primary substance of use.
- 0.1% (24) reported marijuana as primary substance of use.
- 1.7% (331) reported *other* drugs as primary substance of use.

#### **Substance Used in Past Year**

In FY 2004, at admission heroin was the most reported substance used in the past year among IDU admissions to all Short Term Residential Services. The percents of past years use add up to more than 100% due to poly-drug use. Of all admissions:

- 97.9% (19,169) reported past year heroin use.
- 32.8% (6,431) reported past year alcohol use.
- 37.9% (7,420) reported past year cocaine or crack use.
- 12.6% (2, 461) reported past year marijuana use.
- 38.2% (7,478) reported past year use of *other* drugs. This includes 11.3% other opiates/synthetics, 0.5% PCP/other hallucinogens, 0.4% Amphetamines/other stimulants, 16.2% Tranquilizers, 0.4% Barbiturates/sedatives, less than 0.1% inhalants, 0.1% over the counter drugs, and 9.0% other drugs.

#### **Types of Services**

IDU admissions to all Short Term Residential Services received care in the following types of services:

- 89.0% (17,429) were admitted to Acute Treatment Services.
- 11.0% (2,162) received Transitional Support Services including Transitional Support Services and Post-Detox/Pre-Recovery Services.

## **Outpatient Services Admissions by IDU Adults**

In FY 2004, there were 8,194 IDU admissions to Outpatient Services in Massachusetts. This includes admissions to Day Treatment, 1<sup>st</sup> Offender Drunk Driver, Outpatient Counseling, Case Management, Compulsive Gambling, 2<sup>nd</sup> Offender Aftercare, Criminal Justice Collaborative-Adult, Expanded Treatment Services, Acupuncture Detox, County Corrections, and Narcotic Treatment.

## **Characteristics of Admissions**

In FY 2004, IDU admissions to Outpatient Treatment Services reported the following characteristics.

- 62.3% (5,108) were male and 37.5% (3,086) were female.
- 73.1% (5,988) were White, 5.4% (444) were Black, and 17.5% (1,433) were Latino.
- 83.6% (6,851) were unemployed.
- 10.6% (869) were homeless.
- 50.5% (4,137) reported prior mental health treatment.
- 33.0% (2,696) of the admissions were between the ages of 30-39, with a mean age of 34.4 years.
- 22.6% (1,852) were parents of children under six years of age, 35.8% (663) of these admissions reported living with their children. Thirty-seven percent (3,089) were the parents of children 6-18 years of age, 28.9% (894) of these admissions reported living with their children.

#### **Primary Substance Of Use**

IDU admissions to all Outpatient Treatment Services reported heroin most often as the primary drug for which they were seeking treatment. Of all admissions:

- 87.9% (7,205) reported heroin as primary substance of use.
- 3.8% (313) reported alcohol as primary substance of use.
- 3.9% (319) reported cocaine or crack as primary substance of use.
- 0.8% (68) reported marijuana as primary substance of use.
- 3.5% (289) reported *other* drugs as primary substance of use.

#### **Substance Used in Past Year**

In FY 2004, at admission heroin was the most reported substance of use in the past year among IDU admissions to Outpatient Treatment Services. The percents of past year use add up to more than 100% due to poly-drug use. Of all admissions:

- 95.4% (7,813) reported past year heroin use.
- 80.6% (6,608) reported past year cocaine or crack use.
- 55.8% (4,569) reported past year alcohol use.
- 40.9% (3,353) reported past year marijuana use.
- 84.4% (6,915) reported past year use of *other* drugs. This includes 36.1% other opiates/synthetics, 2.8% PCP/other hallucinogens, 3.1% Amphetamines/other stimulants, 28.6% Tranquilizers, 2.1% Barbiturates/sedatives, 0.6% inhalants, 0.8% over the counter drugs, and 10.3% other drugs.

#### Types of Services

IDU admissions to all Outpatient Treatment Services received care in the following types of programs:

- 47.1% (3,863) received other outpatient services including Day Treatment, Outpatient Counseling, County Corrections, Case Management, Compulsive Gambling, Acupuncture Detox, Criminal Justice Collaborative (Adult), and Expanded Treatment Services.
- 52.0% (4,259) received Narcotic Treatment Services.
- 0.9% (72) received DAE Services including 1<sup>st</sup> Offender Drunk Driver, and 2<sup>nd</sup> Offender Aftercare Services.

## Long Term Residential (>30 Days) Treatment Services Admissions by IDU Adults

In FY 2004, there were 3,139 IDU admissions to all Long Term Residential (>30 days) Treatment Services in Massachusetts. This includes admissions to Recovery Homes, Therapeutic Communities, 2<sup>nd</sup> Offender Residential, Social Models, Specialized Residential for Women, Family Shelters, and Tewksbury Stabilization.

## **Characteristics of Admissions**

In FY 2004, IDU admissions to all Long Term Residential Treatment Services reported the following characteristics:

- 67.2% (2,110) were male and 32.8% (1029) were female.
- 78.9% (2,478) were White, 4.8% (150) were Black, and 13.4% (420) were Latino.
- 96.8% (3,039) were unemployed.
- 42.2% (1,324) were homeless.
- 41.3% (1,295) reported prior mental health treatment.
- 32.5% (1,021) of the admissions were between the ages of 30-39, with a mean age of 32.7 years.
- 24.4% (767) were parents of children under six years of age, 17.8% (129) of these admissions reported living with their children. Thirty-three percent (1,053) were the parents of children 6-18 years of age, 12.3% (129) of these admissions reported living with their children.

#### **Primary Substance Of Use**

IDU admissions to Long Term Residential Treatment Services reported heroin most often as the primary drug for which they were seeking treatment. Of all admissions:

- 83.2% (2,610) reported heroin as primary substance of use.
- 6.6% (209) reported alcohol as primary substance of use.
- 5.7% (178) reported cocaine or crack as primary substance of use.
- 0.9% (27) reported marijuana as primary substance of use.
- 3.7% (115) reported *other* drugs as primary substance of use.

#### **Substance Used in Past Year**

In FY 2004, at admission heroin and cocaine/crack were the most reported substances used in the past year among IDU admissions to Long Term Residential Treatment Services. The percents of past year use add up to more than 100% due to poly-drug use. Of all admissions:

- 96.6% (3,032) reported past year heroin use.
- 61.1% (1,918) reported past year alcohol use.
- 60.2% (1,891) reported past year cocaine use.
- 40.4% (1,267) reported past year crack use.
- 39.1% (1,228) reported past year marijuana use.
- 83.5% (2,621) reported past year use of *other* drugs. This includes 35.4% other opiates/synthetics, 3.8% PCP/other hallucinogens, 3.4% Amphetamines/other stimulants, 33.5% Tranquilizers, 3.1% Barbiturates/sedatives, 0.8% inhalants, 0.9% over the counter drugs, and 2.6% other drugs.

#### Types of Services

IDU admissions to all Long Term Residential Treatment Services received care in the following types of programs:

- 91.7% (2,880) received treatment in Recovery Homes, Therapeutic Communities, Social Model, and Tewksbury Stabilization.
- 6.6% (207) were admitted to Specialized Residential Services for Women.
- 1.1% (34) received treatment in Family Shelters.
- 0.6% (18) were admitted to 2<sup>nd</sup> Offender Residential Services.